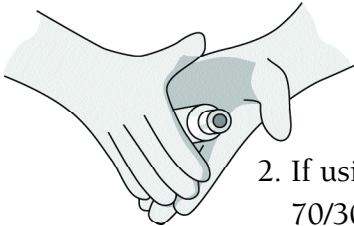
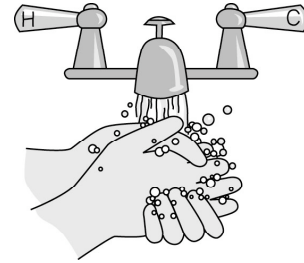


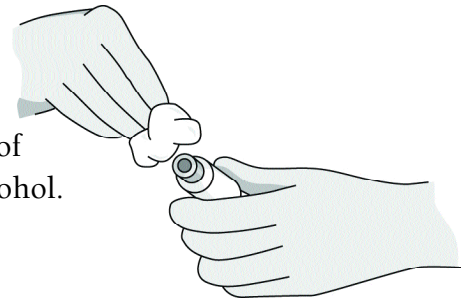
# Preparation of Insulin for Injection: Single Dose

1. Wash hands with warm, soapy water.

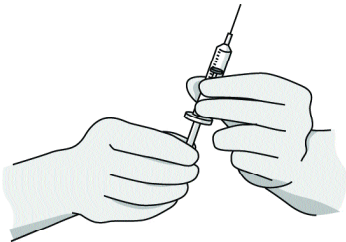


2. If using cloudy insulin (NPH, 70/30, 75/75 or 50/50), roll bottle between hands.

3. Clean rubber stopper of insulin bottle with alcohol.



4. Fill syringe with amount of air equal to the number of units of insulin you will be giving.



5. Insert the needle into the bottle and push air into the insulin bottle.



6. Turn syringe and bottle upside down and withdraw your dose of insulin.

