



## Program Overview

### What is ALL HEART?

ALL HEART is an evidence-based, cost effective means of improving health outcomes. The goal of ALL HEART is to improve health outcomes of community clinic patients with diabetes or other cardiovascular disease (CVD) risk. In partnership with Kaiser Permanente, the Community Clinics Health Network is currently expanding ALL HEART throughout Southern California.

### How does it work?

ALL HEART identifies clinic patients ages 50 and over with diabetes and patients of any age at high risk for CVD and applies the ALL intervention: aspirin, lisinopril (and ACE inhibitor) and a lipid-lowering medication (specifically statins). Patients are also educated on healthy lifestyle changes and encouraged to create self-management goals.

### How will my patients benefit from ALL HEART?

Patients benefit from improved health outcomes and a simplified, low-cost treatment. Research has shown that bundling these low-cost, generic drugs – a cholesterol-lowering statin and a blood pressure-lowering drug – prevents heart attack and stroke in many patients.

### What is my clinic's role?

Key responsibilities include: enrolling patients, collecting and reporting patient data and participation in meetings and conference calls as needed. Clinics will also share best practices and program outcomes with other participating clinics, the Community Clinics Health Network and Kaiser Permanente.

### How will my clinic benefit from ALL HEART?

Clinics will receive funding for participating in ALL HEART along with free clinical and administrative technical assistance as needed. ALL HEART is designed to fit within a clinic's existing processes and structures and is also designed to help clinics meet meaningful use measures and patient centered medical home criteria.

### How can I participate in ALL HEART?

For more information and/or to find out if your clinic meets the ALL HEART criteria, contact Jill Webber at the Community Clinics Health Network, [jwebber@ccc-sd.org](mailto:jwebber@ccc-sd.org) or 619-542-4324 or visit [www.allhearthealth.org](http://www.allhearthealth.org).